

## Program Data Sheet

Name of Program: Group Exercise Classes		
Date: Oct 2004	Day of Week: M-F	Time:
Location: Fitness Center	Information Phone #: 3090	Price: No cost
Program Coordinators: Jeanette Coffman		
Phone #: 4771	Fax #:	e-mail Address:
Purpose of the Program: Provide a variety of group training classes throughout operational hours to enhance customers exercise options.		

Actions:			
Class attendance was recorded at each session: Customer opinions were gathered.			
Results:			
Indicated on Monthly After Action Report			
Elements to Change:			
Elements to Add:			
.			

## After Action Report

Financial Analysis		
Sales:		NA
COGS:		
Other Revenues:		
Labor:		
Other Expenses:		
NIBD:		

Program Analysis	
Attendance: All class attendance figures could be higher.	<p>Set/Oct 2004</p> <p>Group Cycle- Tues- Wed, Thurs. steady but low attendance Average 4  FBC-9:30 average 4, 0630- average 4,  Yoga- attendance in yoga is up, average 8-10  CS -5  SA- steady 10  SS- steady  Cardio Kick- up and down attendance</p>
Elements to Change:	
Nov. changing time for 0630 cycle to 0615, to enhance participation with earlier start.	
Elements to Eliminate: Pilot 30 min. Body Sculpt, poor attendance, will not be added to schedule Due to low attendance: 1300 Monday Body Sculpt Class and 0930 Wed. Step Sculpt will be removed from Nov. calendar.	
Elements to Add:	
Other Comments: New format for 1130 Body Sculpt is resulting in more attendance Fit for Life class is growing in attendance.	